#THEDEBRIEFINGCUBE Six lenses of reflection

WHAT'S IN THIS FOR YOU? Get the most value from your games, simulations, interactions and exercises by expanding your debrief with the help of this cube. Each face represents a lens of reflection that will give your participants a broad exploration of their experience.



GOAL

EXPLORE SHARED UNDERSTANDINGS

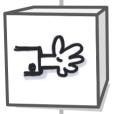
What was the goal? Was there a shared understanding of the goal?



PROCESS

EXPLORE THE JOURNEY AND THE RESULT

What were the steps that lead to success / failure / improvement? Was there waste?



GROUP DYNAMICS

EXPLORE BEHAVIOURS

Who was the leader/facilitator? How did you organize yourselves? How did you make decisions?

COMMUNICATION

EXPLORE THINKING, SPEAKING AND HEARING

What didn't you say, that you wished you had?



EMOTIONS

EXPLORE ACTIONS AND EMOTIONS

What did you feel?
And when?
Tell us more...



TAKE-AWAY

EXPLORE THE OPPORTUNITIES TO IMPROVE

What did you learn about yourselves?

After this experience, what could
/ will you improve at work?



OUR TIPS FOR GREAT DEBRIEFING



LISTEN AND OBSERVE INTENTLY, SO THAT YOU CAN CHOOSE THE BEST NEXT QUESTION TO ASK.



SILENCE IS POWERFUL, USE IT. When a question is hanging in the air – don't feel tempted to fill the silence. Trust that your participants will.



TRUST THAT THE BEST REFLECTIONS COME FROM YOUR PARTICIPANTS, NOT YOU.



CLOSE BY GOING BROADER (E.G. with why did we do this?, what else can you learn?)



EXPLORE WITH OPEN OUESTIONS TO DIG

DEEPER. (E.G. What was fun? Rather than did you have fun?)



RELAX YOU DON'T NEED TO USE EVERY LENS AND DEBRIEF EVERYTHING.



PRACTICE USING THE LENSES AND CRAFT YOUR OWN AWESOME QUESTIONS (E.G. who, what, why, when, how, now what etc.)



SHARE YOUR EXPERIENCES AND LEARN

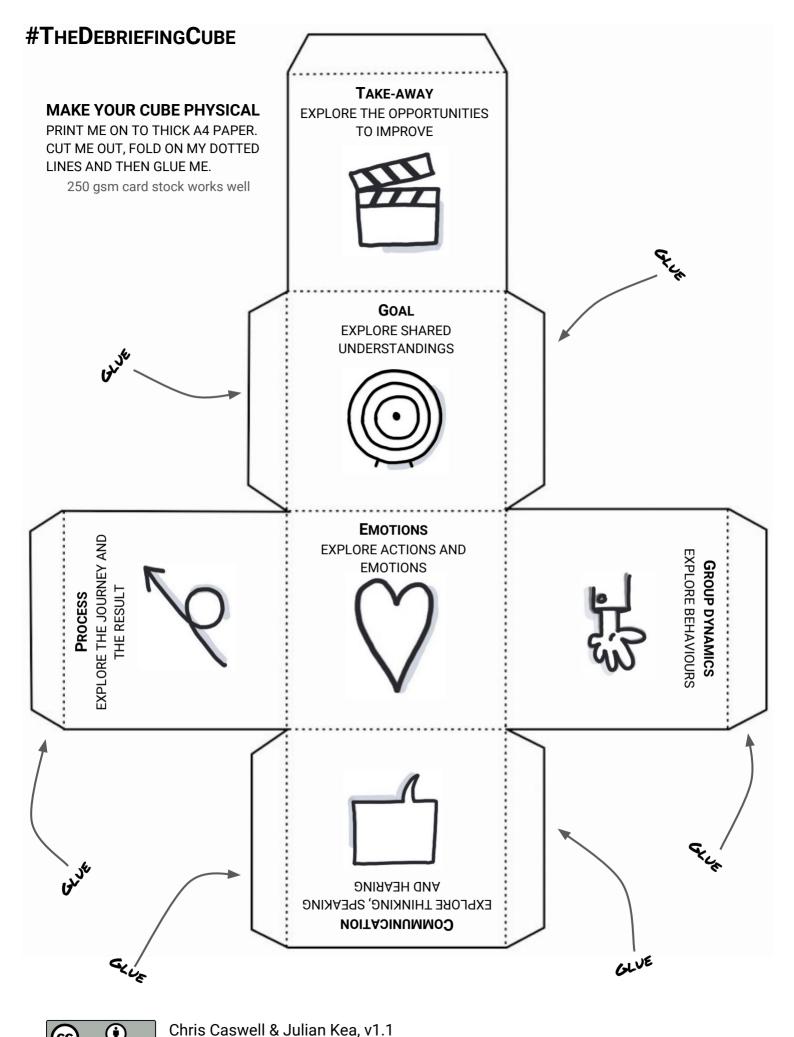
FROM OTHERS. For more inspiration and to contribute your best questions go to:

www.bit.ly/TheDebriefingCube_Share

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Chris Caswell & Julian Kea, v1.3

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Chris Caswell & Julian Kea, v1.1

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