

#THEDEBRIEFINGCUBE

Six lenses of reflection

WHAT'S IN THIS FOR YOU? Get the most value from your games, simulations, interactions and exercises by expanding your debrief with the help of this cube. Each face represents a lens of reflection that will give your participants a broad exploration of their experience.



OUR TIPS FOR GREAT DEBRIEFING

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|--|--|--|---|
| | LISTEN AND OBSERVE INTENTLY, SO THAT YOU CAN CHOOSE THE BEST NEXT QUESTION TO ASK. | | RELAX YOU DON'T NEED TO USE EVERY LENS AND DEBRIEF EVERYTHING. |
| | EXPLORE WITH OPEN QUESTIONS TO DIG DEEPER. (E.G. What was fun? Rather than did you have fun?) | | CLOSE BY GOING BROADER (E.G. with why did we do this?, what else can you learn?) |
| | TRUST THAT THE BEST REFLECTIONS COME FROM YOUR PARTICIPANTS, NOT YOU. | | PRACTICE USING THE LENSES AND CRAFT YOUR OWN AWESOME QUESTIONS (E.G. who, what, why, when, how, now what etc.) |
| | SILENCE IS POWERFUL, USE IT. When a question is hanging in the air – don't feel tempted to fill the silence. Trust that your participants will. | | SHARE YOUR EXPERIENCES AND LEARN FROM OTHERS. For more inspiration and to contribute your best questions go to:
http://share.TheDebriefingCube.com |



Chris Caswell & Julian Kea, v1.5

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#THEDEBRIEFINGCUBE

42 Questions of Reflection



What was your goal? Phrase it in one sentence.

Was there a shared understanding of the goal?

How did you align on the goal?

What would you have liked to have known beforehand?

How is your understanding of the goal different now?

How did you start?

What was the real challenge?



What didn't you say, that you wish you had?

What non-verbal communication was there?

What did this teach you about great communication?

What miscommunications were there?

Did you communicate enough?

Doing it again, how would you communicate differently?

What is left unspoken?



What steps were taken?

Did you assume anything that turned out to be wrong?

What was the defining moment that changed things?

How could you have made the process more/less pleasant?

What decisions did you make?

What ideas, innovation, changes emerged?

What reminded you of your day-to-day?



How did you feel?

What was this experience like?

How did you deal with your emotions?

What did/didn't you like about the experience?

Where have you observed similar emotions and behaviours?

When did you care most/least about the outcome?

What else would you like to share?



How did you organize yourselves?

Did something unpredictable happen?

What changes in group dynamics did you experience?

How was the participation distributed?

How could you have worked better together?

What interesting behaviours did you observe?

Where do you encounter similar behaviours?



What does this experience remind you of in your day-to-day?

What did you learn about yourself and the team?

What did you do that will be beneficial in your day-to-day life?

What are you more aware of now?

What are the top 5 things you will take away?

If you had a magic wand what one thing would you change?

What would an expert make of your experience?



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1. PREPARE

USE THE CUBE TO HELP YOU DESIGN A FACILITATION PLAN THAT HAS THE BEST DEBRIEF.

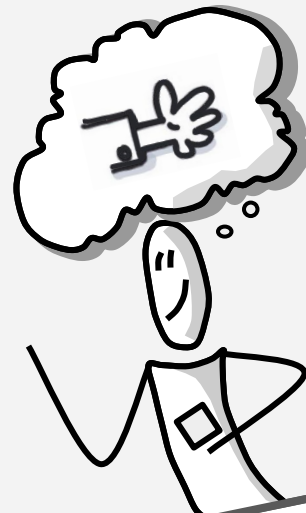


#THEDEBRIEFINGCUBE

5 Ways to use the cube

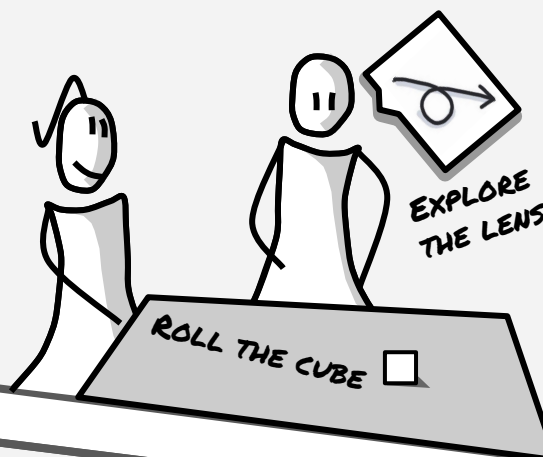
2. INSPIRE

BE INSPIRED IN THE MOMENT BY USING THE CUBE PROMPT WHICH LENS TO EXPLORE NEXT.



3. DEBRIEF!

BY USING THE CUBE AND THE QUESTIONS IT CONTAINS, TEAMS CAN LEAD THEIR OWN REFLECTION



THINK ABOUT A DEBRIEF YOU'VE GIVEN

WHAT OTHER QUESTIONS
COULD YOU HAVE ASKED THAT
WOULD ENRICH THEIR
EXPERIENCE?

4. PRACTICE

DEBRIEFING IS A PRACTICED SKILL. TO MASTER, WE NEED TO PRACTICE A LOT AND THE CUBE CAN HELP.

AGENDA:
- DISCUSS LENSES
- PLAY A GAME
- DEBRIEF WITH EACH
LENS THOROUGHLY

5. TEACH

THE SIX LENSES OF THE CUBE FORM A GREAT FOUNDATION TO TEACH FACILITATORS HOW TO DEBRIEF WELL.



Chris Caswell & Julian Kea, v1.5

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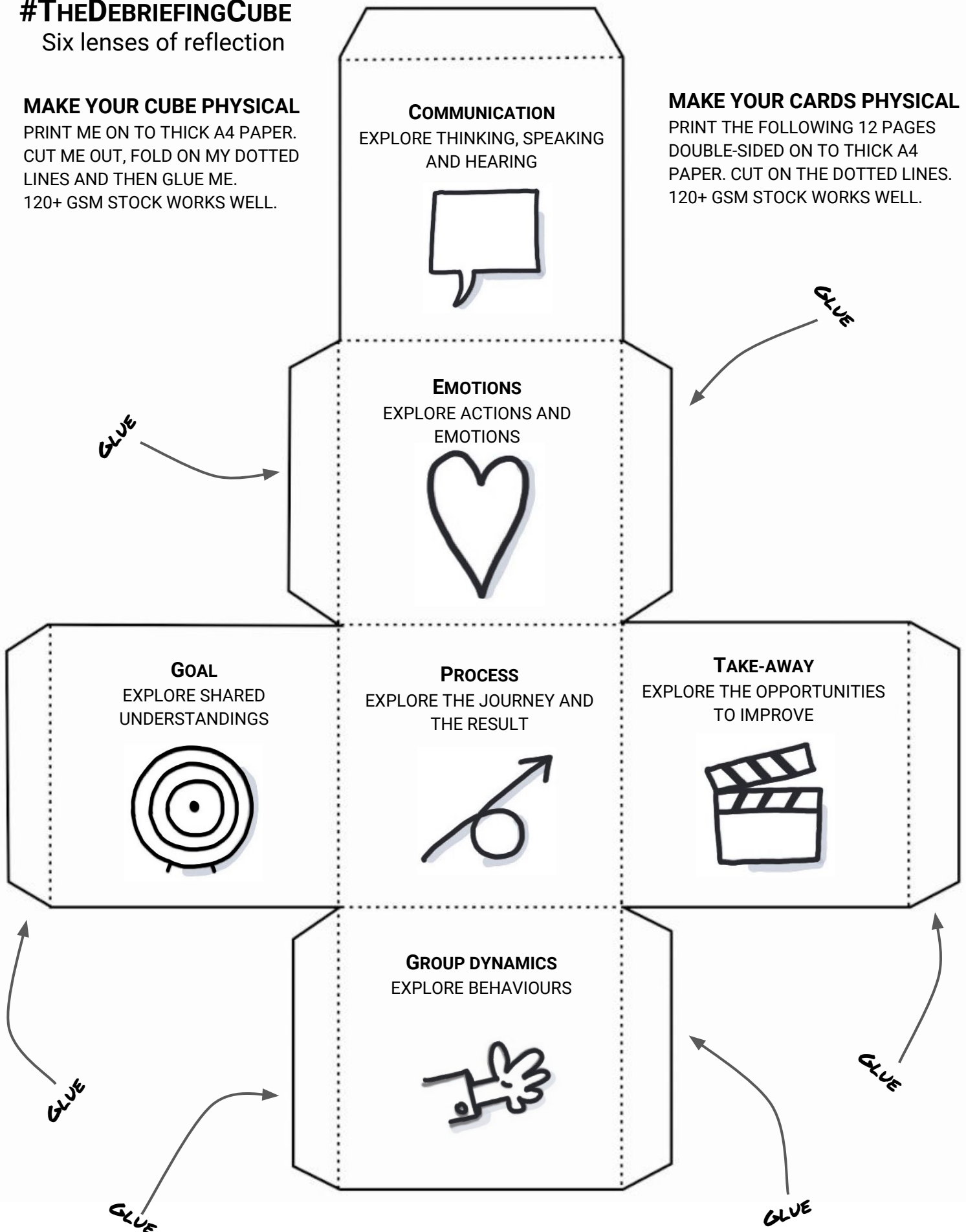
Six lenses of reflection

MAKE YOUR CUBE PHYSICAL

PRINT ME ON TO THICK A4 PAPER.
CUT ME OUT, FOLD ON MY DOTTED
LINES AND THEN GLUE ME.
120+ GSM STOCK WORKS WELL.

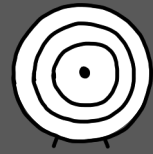
MAKE YOUR CARDS PHYSICAL

PRINT THE FOLLOWING 12 PAGES
DOUBLE-SIDED ON TO THICK A4
PAPER. CUT ON THE DOTTED LINES.
120+ GSM STOCK WORKS WELL.



Chris Caswell & Julian Kea, v1.5

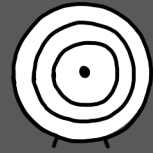
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**What was your goal?
Phrase it in one sentence.**

**Was there a shared
understanding of the
goal?**

**How did you align on the
goal?**



**How is your
understanding of the goal
different now?**

How did you start?

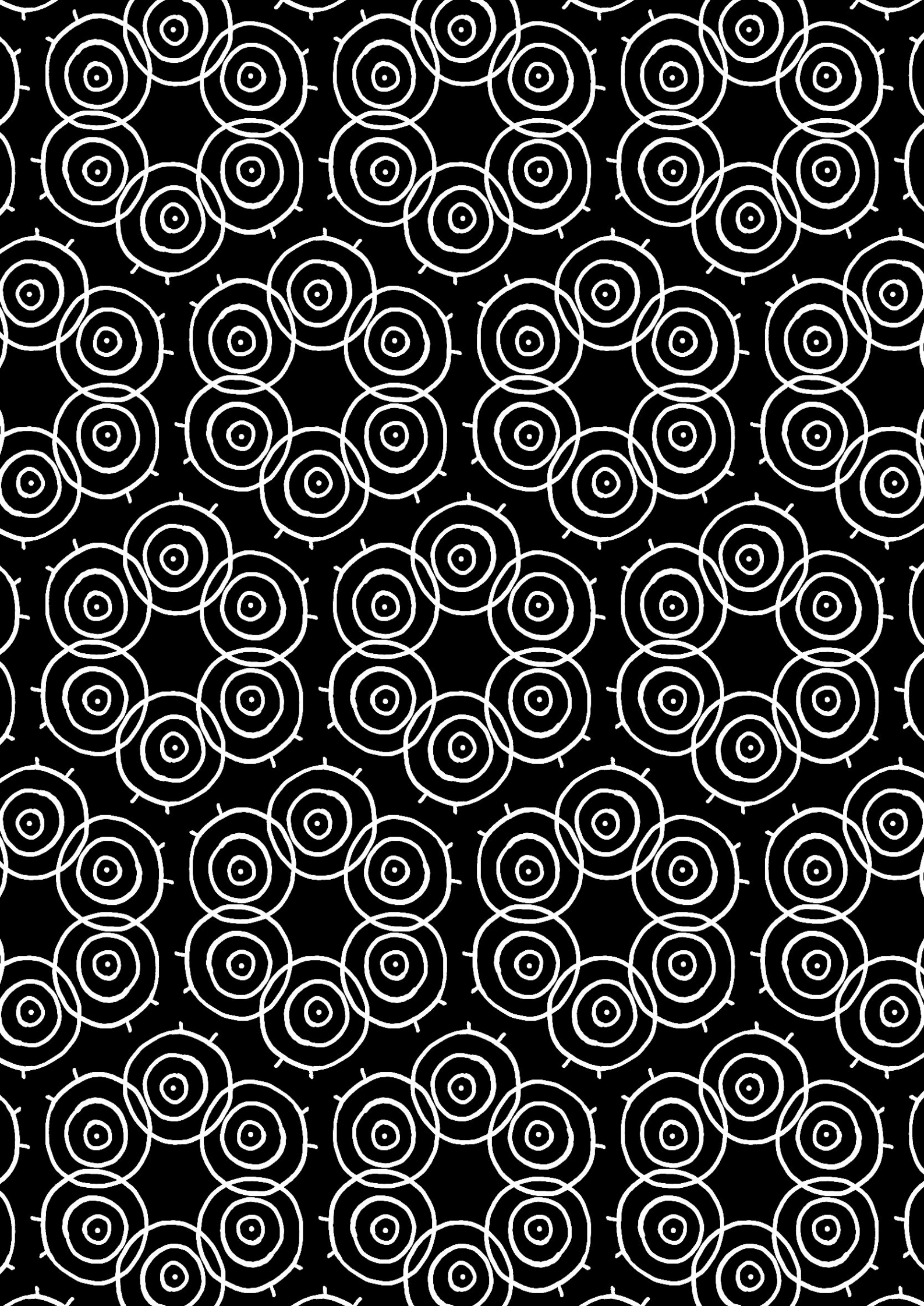
**What was the real
challenge?**



**What would you have
liked to have known
beforehand?**

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What didn't you say, that you wish you had?



What non-verbal communication was there?



What did this teach you about great communication?



What miscommunications were there?



Did you communicate enough?



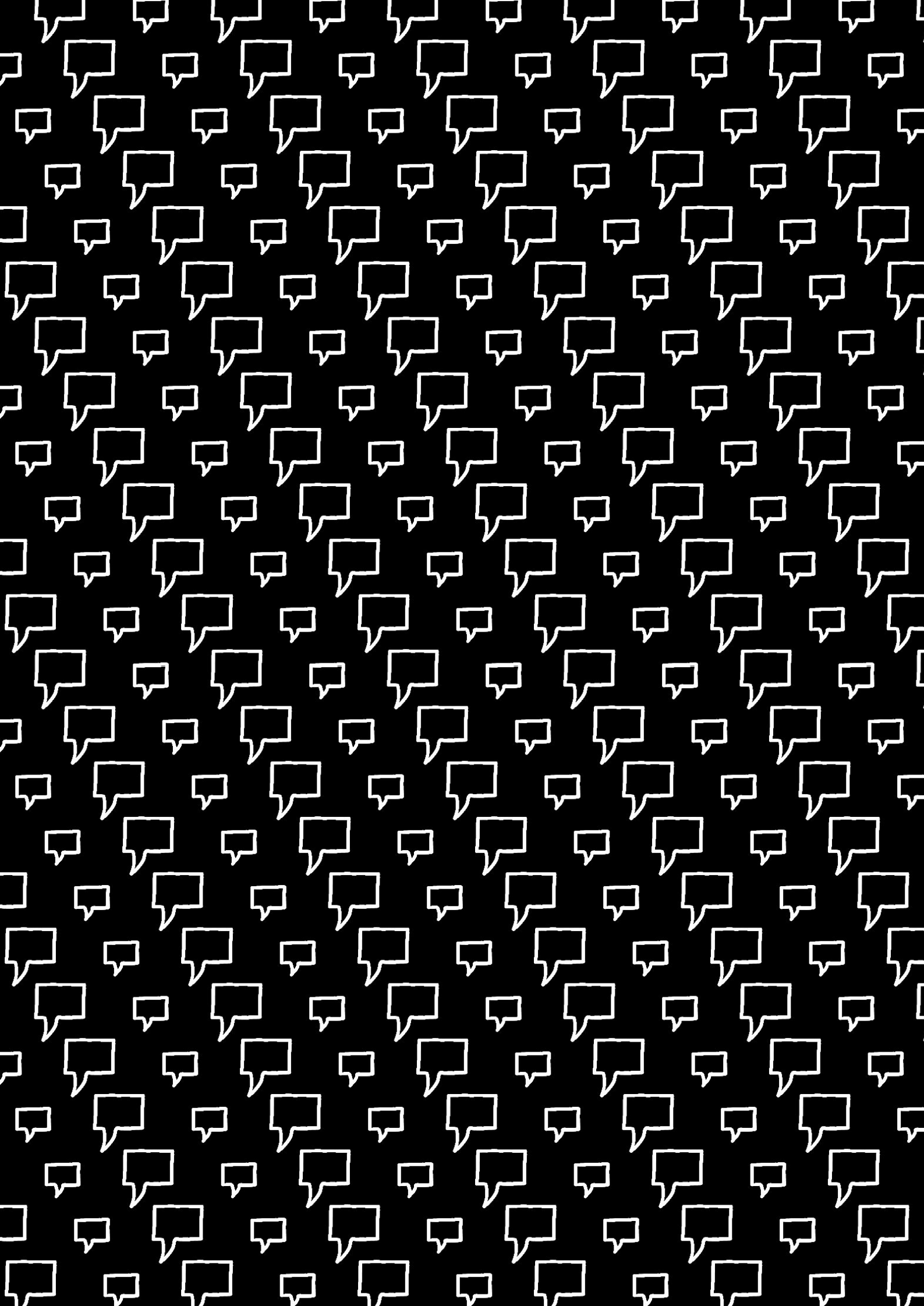
Doing it again, how would you communicate differently?



What is left unspoken?

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What steps were taken?

**Did you assume anything
that turned out to be
wrong?**

**What was the defining
moment that changed
things?**



**How could you have made
the process more/less
pleasant?**

**What decisions did you
make?**

**What reminded you of
your day-to-day?**



**What ideas, innovation,
changes emerged?**

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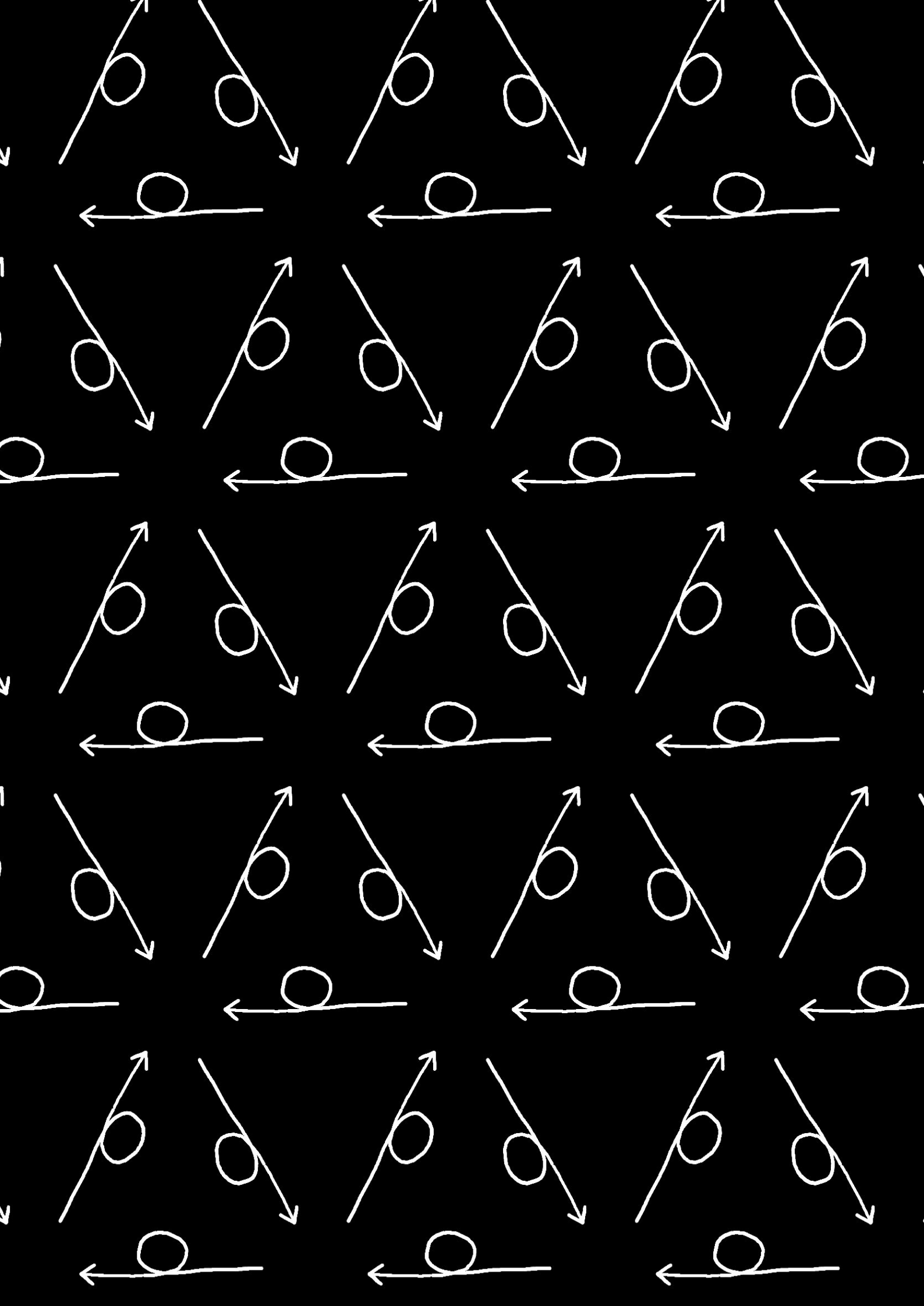
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How did you feel?



What was this experience like?



How did you deal with your emotions?



What did/didn't you like about the experience?



Where have you observed similar emotions and behaviours?



When did you care most/least about the outcome?



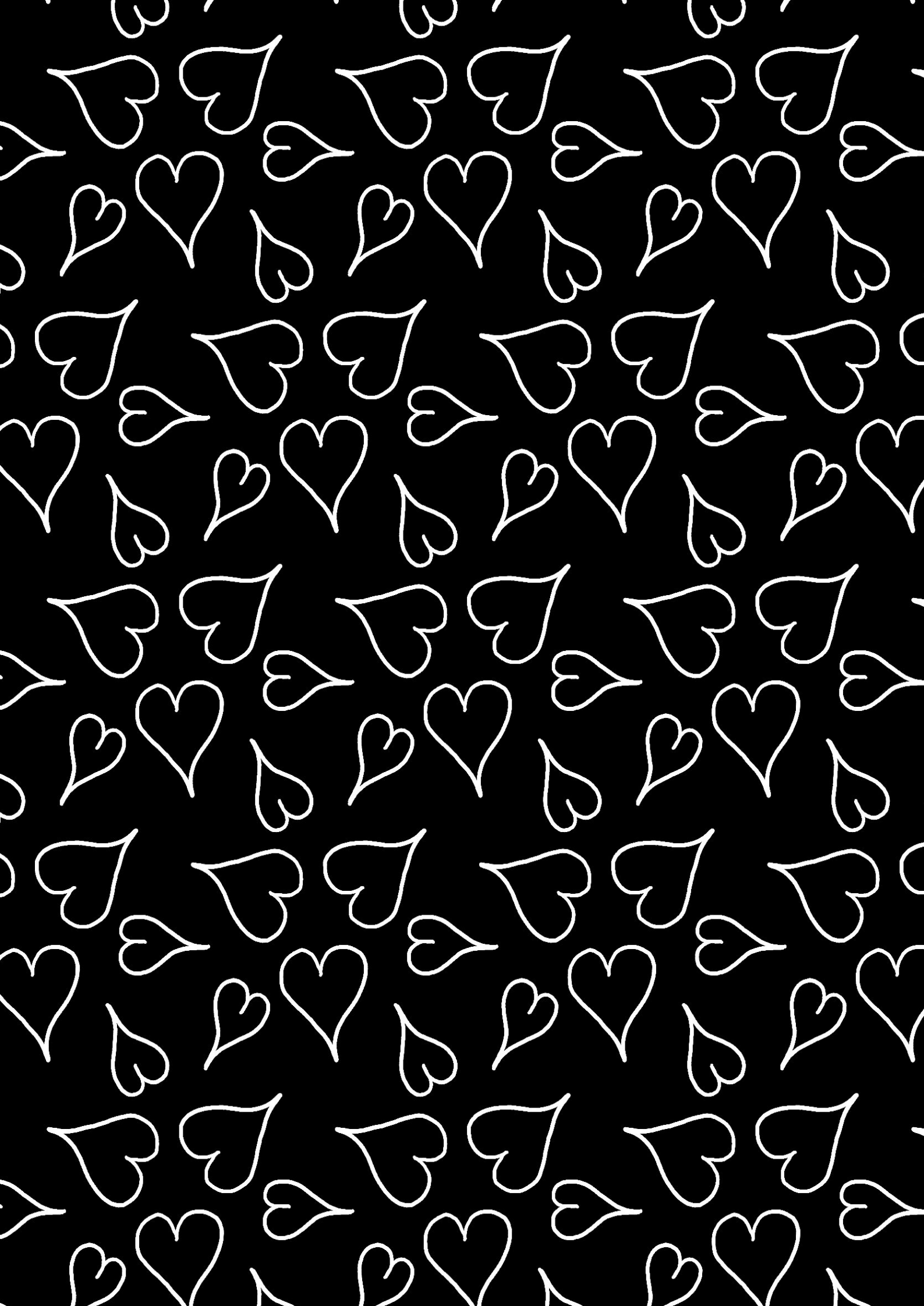
What else would you like to share?



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How did you organize yourselves?



Did something unpredictable happen?



What changes in group dynamics did you experience?



How was the participation distributed?



How could you have worked better together?



What interesting behaviours did you observe?



Where do you encounter similar behaviours?

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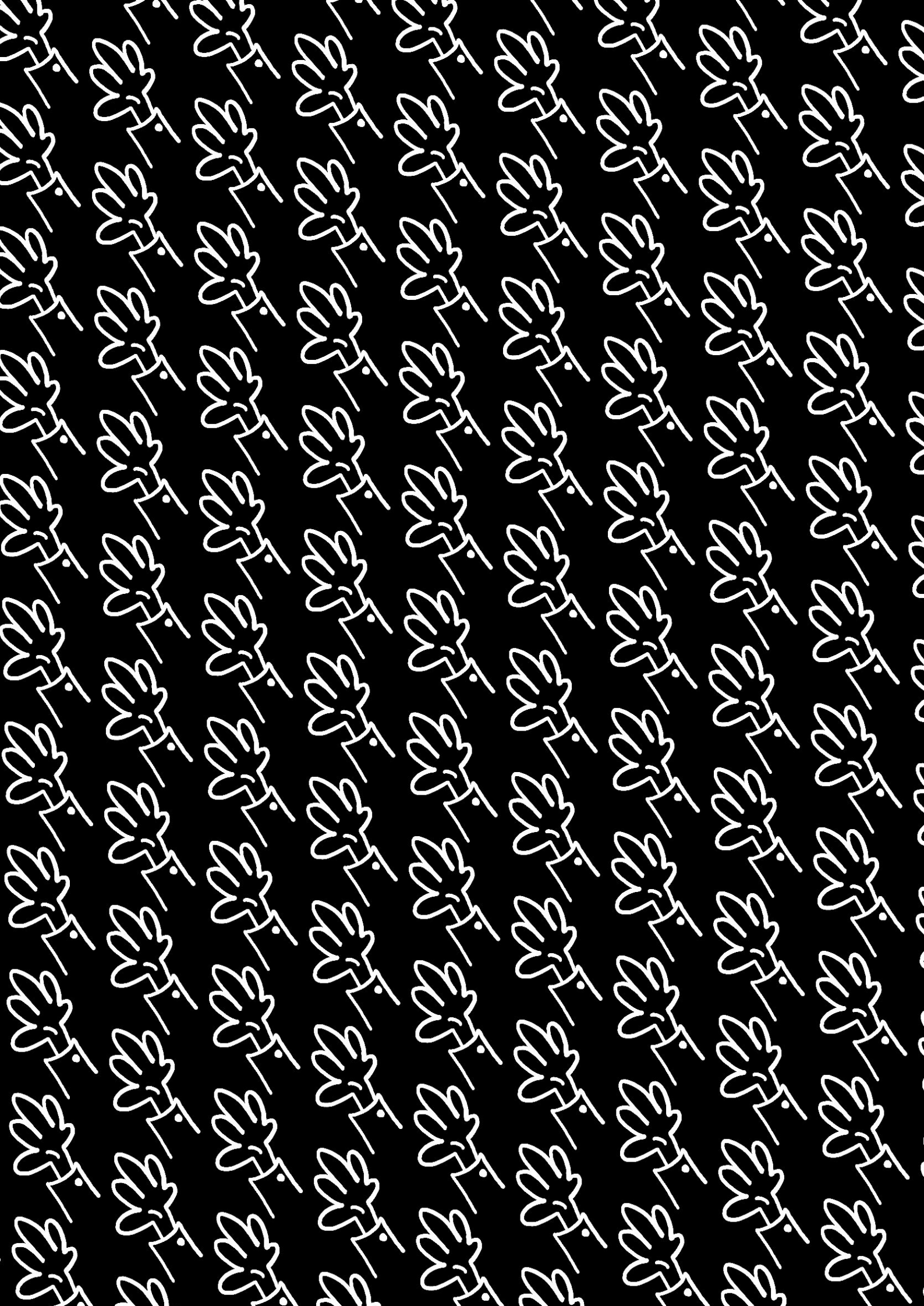
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What does this experience remind you of in your day-to-day?



What did you learn about yourself and the team?



What did you do that will be beneficial in your day-to-day life?



What are you more aware of now?



What are the top 5 things you will take away?



If you had a magic wand what one thing would you change?



What would an expert make of your experience?

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